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# Helping Hands

## JANUARY 2025

*Our vision is a community empowered to connect and support one another.*



February is a HUGE month for Helping Hands, and there is a plethora of ways you can get involved! This special edition newsletter is dedicated to two major events happening in Cochrane, in February, that each have a colossal impact on Helping Hands.

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The legendary Kimmett Cup has been raising money for local charities for 16 years, providing over \$2 million to date. Founded in memory of Lindsay Kimmett, this 3 on 3 pond hockey tournament has become a Cochrane tradition, and Helping Hands is fortunate to be returning as a beneficiary this year.

This year, Helping Hands has entered two hockey teams, the Helping Hands Hustlers and the Helping Hands Heroes! The schedule has not been released yet, but keep an eye on <https://www.kimmettcup.com/> if you'd like to cheer on the Hustlers and the Heroes on February 7th and 8th!



Thank you to Cochrane and our Helping Hands community for supporting Kimmett Cup and the Coldest Night of the Year; events like these encourage us all to gather for good.

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Helping Hands Society of Cochrane and Area  
Charitable Number 816893564RR0001

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