

ABOUT US

Helping Hands Society of Cochrane and Area enables faith groups, community groups and local citizens to serve and connect with their neighbours through volunteerism, making Cochrane and surrounding area a vibrant, caring and supportive community.

We partner with local social agencies to identify those in need. These include low income, injured, ill or isolated individuals and families in Cochrane & western Rocky View.

Our clients are single parents families, those with chronic illness or disabilities, and isolated seniors. We endeavor to help people who do not have a support network.



VOLUNTEER WITH US!
helpinghandscochrane.ca

CONTACT US!

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♥ Charitable # 816893564 RR0001



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CONNECTIONS

Volunteer Driver: Providing rides to medical and essential appointments

Caring Neighbour: Visitation, handyman help, errands, etc.

Snow Helper: Snow shoveling driveways and walkways.

Summer Do Crew: Yard maintenance

Movers with Heart: Help with moves within Cochrane

Meals on Wheels: Meal pick up and delivery



**We link people
who help with
people who need
help. Our
volunteers fill
unmet human
needs**

FOOD SECURITY

Free Food Shed: A take what you need, give what you can community food exchange program, including food rescues.

Meal Team: Preparing or rescuing food to make emergency meals for clients and partner agencies.

Food Drives: Community food drives collecting donations to fill the Cochrane Activettes Food Bank.

